

STRETCH&RELAX

massage & pilates boutique

Discover the ideal session, uniquely tailored to meet your needs, at our massage boutique, where our experienced therapists will create an experience that leaves you feeling rejuvenated, revitalised, and restored

Massage Pricelist

touch & relax experience

40'	55'	80'	95'
40€	50€	70€	80€

stretch & relax experience

40'	55'	80'	95'
45€	55€	70€	80€

deep tissue massage

40'	55'	80'	95'
45€	55€	70€	80€

lymphatic detoxification massage

40'	70'
40€	55€

cellulite massage

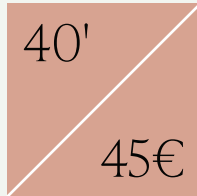
40'
45€

relaxing massage

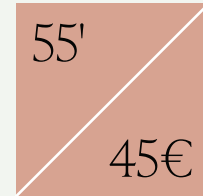
55'
45€

Massage Pricelist

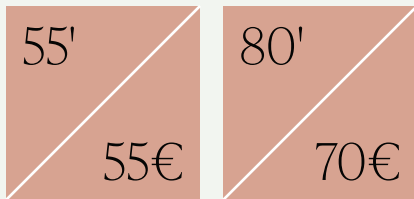
pregnancy massage



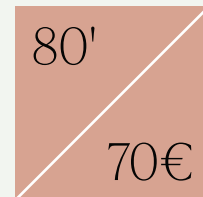
aromatherapy



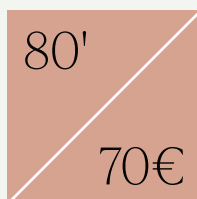
thai oil massage



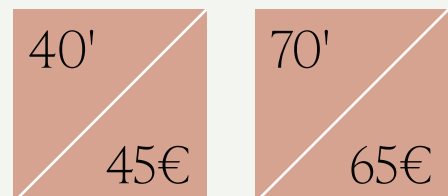
traditional thai massage



massage with hot stones



massage with suction cups



candle massage



massage with pouches



Massage Pricelist

express - effective massage

30'
30€

foot massage

30'
30€

head & face massage brains

30'
30€

treatment of trigger points

30'
30€




Contact us for
your appointment

www.stretchandrelax.gr | info@stretchandrelax.gr

Glyfada

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16674, GLYFADA
(NEXT TO GLYFADA NESPRESSO)

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Voula

107-109 VASILEOS PAVLOU AV.
166 73 VOULA
(SAME BUILDING AS VOULA'S KEP)

 +30 210 89 94 734

Working hours

MONDAY-SATURDAY 11:00 - 21:00

SUNDAY 12:00 - 20:00



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FOR VOICE & TEXT,
WHATSAPP, VIBER