

STRETCH&RELAX

massage & pilates boutique

Unlock your body's boundless potential at our boutique.
Embark on a transformative journey with Pilates Reformer and unveil a rejuvenated you.



Basi Pilates Reformer Pricelist & Bundles

Combined package

6x55'	Stretch & Relax Combo 1 personal session, 4 mini group sessions and 1 Touch & Relax massage 55'. Available for use one month after start date.
170€	

Mini group, up to 3 persons

55'	Walk in Training in small groups with no prior planning needed	4x55'	Bundle of 4 workouts Lasting 1 month with specified time slots for your session
25€		85€	
8x55'	Bundle of 8 workouts Lasting 1 month with specified time slots for your session	16x55'	Bundle of 16 workouts Lasting 3 months with flexible time slots for your session
150€		350€	

Personal appointments for basi pilates

40'	Pilates intro Private introductory class to Basi pilates	55'	Pilates personal Private Basi pilates class
35€		55€	

Pilates for two

55'	Pilates for 2 Private Basi pilates class for 2 people	4 x 55'	Pilates for 2 Package of 4 private Basi pilates lessons for 2 people
30€ /person		110€ /person	



Glyfada

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Contact us for
your appointment



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FOR VOICE & TEXT, WHATSAPP, VIBER