

# Pilates Schedule

STRETCH&RELAX  
massage & pilates boutique

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
8:00	8:00	8:00	8:00	8:00		Personal only
9:00	9:00	9:00	9:00	9:00	09:00	
10:00	10:00	10:00	10:00	10:00	10:00	
11:00	11:00	11:00	11:00	11:00	11:00	
12:00	12:00	12:00	12:00	12:00	12:00	
17:00	17:00	17:00	17:00	17:00		
18:00	18:00	18:00	18:00	18:00		
19:00	19:00	19:00	19:00	19:00		
20:00	20:00	20:00	20:00	20:00		

Glyfada

18, GRIGORIOU LAMBRAKI STR.  
16674, GLYFADA  
(NEXT TO GLYFADA NESPRESSO)



+30 210 89 44 734

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